COURSE INFORMATION

Section:

Semester/Year: Fall 2023

Division: Theoretical and Behavioral

Foundations (TBF)

Class location: 171 Education

Class day/time:

August 30 September 13 September 27 October 11 October 25 November 8 November 29

Time: 5:00-7:30 Credit hours: 3 Class type: Hybrid

FACULTY CONTACT INFORMATION

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Course Description

This course is an overview of diagnostic issues in adult mental health. We will cover diagnostic classification, epidemiology, course, and the genetic, neurobiological, cultural and social factors that relate to the etiology and maintenance of mental health disorders.

Accessibility

Accessibility provides helpful pathways for using materials and learning opportunities for all WSU students, including international students, students with disabilities, and LGBTQ+ students. Free text to speech software, screen readers, and learning support services may be available.

Student Disability Services can offer assistance 3. Assess the impact of race with accessibility software and options. Here diagnosis, and treatment issues. are more resources which may also be helpful. 4. Demonstrate an understand

Accessibility
International Students
Student Disability Services
LGBTQ+ Resources

Course Goal:

In this course, you will:

- 1. Demonstrate an understanding of the range of adult mental health disorders, descriptive psychopathology and classification based on the DSM-5
- 2. Perform differential diagnosis
- 3. Assess the impact of race, gender, culture on assessment, diagnosis, and treatment issues
- 4. Demonstrate an understanding of epidemiological and differential prevalence rates across cultures, race, gender.
- 5. Relate a biopsychosocial approach to understanding etiology of disorders, including socio-cultural contexts in which disorders occur
- 6. Describe the role of recovery of serious mental illness and social justice issues related to lived experiences

of mental illness

Method(s) of Instruction: hybrid

Course Materials

Required Textbook(s):

Adult Psychopathology and Diagnosis, 8th Edition (2018) by Deborah C. Beidel (Editor), B. Christopher Frueh (Editor), and Michel Hersen (Editor). PUBLISHED BY John Wiley & Sons, Inc.

American Psychiatric Association. (2013). *Diagnostic and Statistic Manual of Mental Disorders* (5th ed.) Washington, DC.

Casebook for DSM-5 (2017). E. Ventura (Eds.) Springer Publishing Company, NY, NY. ISBN-13: 978-0826127525.

First Person Accounts of Mental Illness and Recovery (2012). C. Winston LeCroy & J. Holschuh, (Eds.) John Wiley & Sons, Inc., Hoboken, NJ. ISBN-13: 978-0470444528 ISBN-10: 0470444525

Additional Readings will be posted on Canvas.

Standards

APA Profession-Wide Competencies

Assessment IR C-8 D

- **Element 1:** Demonstrate current knowledge of diagnostic classification systems, functional and dysfunctional behaviors, including consideration of client strengths and psychopathology.
- **Element 2:** Demonstrate understanding of human behavior within its context (e.g., family, social, societal and cultural).
- **Element 3:** Demonstrate the ability to apply the knowledge of functional and dysfunctional behaviors including context to the assessment and/or diagnostic process.

CACREP standards

2.F.3.c	c. theories of normal and abnormal personality development	
2.F.7.1	l. use of assessment results to diagnose developmental, behavioral, and mental disorders	
5.C.2.b	b. etiology, nomenclature, treatment, referral, and prevention of mental and emotional disorders	
5.C.2.d	d. diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including the Diagnostic and Statistical Manual of Mental Disorders (DSM) and the International Classification of Diseases (ICD)	
5.C.2.g	g. impact of biological and neurological mechanisms on mental health	
5.C.2.h	h. classifications, indications, and contraindications of commonly prescribed psychopharmacological medications for appropriate medical referral and consultation	

Grading System

Graduate Grading Scale

Grade Percent Range
93-100%
90-92%
88-89%
84-87%
80-83%
78-79%
74-77%
<74%

Assignment/Exam	Points
Psychiatric Disorders Diagnosis and Treatment Paper	30
Canvas Discussions	50



Reaction Paper	20
Final Exam	50
TOTALS	150

Grading polices for tests, assignments, and attendance: Assignments need to be submitted on time through Canvas. Attendance at scheduled sessions are mandatory.

Course Assignments and Exams

- 1. Psychiatric Disorders Diagnosis and Treatment Paper-You will select a condition and write a paper that includes a brief summary of the condition (see a- f below) and then summarize a treatment approach that has the best evidence to date across as many reference groups (gender, race, ethnic, age).
 - a. Brief Description of the Disorder
 - b. key Diagnostic criteria/Symptoms/clinical features
 - c. Summarize prevalence/ epidemiological data
 - d. Course of the Disorder and prognosis
 - e. Summarize Key Etiological considerations
 - f. Gender/Racial/Ethnic considerations
 - g. Summary of treatment approach selected for condition
 - h. Recovery approach or position on how recovery may be experienced for this condition
- 2. Canvas Discussions- 10 pts- You will respond to a discussion prompt in Canvas Discussions. (see schedule 5 Discussions= 50pts)
- 3. **Reaction Paper** Recovery from Mental illness Reaction paper (20 pts)
- 4. **Final Exam:** will cover textbook, DSM criteria, and Lectures and additional readings and will consist of multiple choice questions and case analysis.

Tentative Course Schedule

Any changes to the course schedule will be announced on Canvas

Week of (Bold is in class week)	Topic(s)	Reading(s) Due	Assignment(s) Due (On Fridays of the week)
1	Overview and Introduction	Syllabus	,
August 28			
2		Beidel & Frueh Ch 1 and 5	Discussion Due
September 4		DSM 5: Section 1	
	Schizophrenia	Beidel & Frueh Ch 6	
3 September 11		LeCroy & Holschuh Ch 1	
		Bonfini & Ventura Ch 2	
		DSM 5: Section II: Schizophrenia Spectrum	
		and other Psychotic Disorders	
1	Affective Disorders	Beidel & Frueh Ch 8	Discussion Due
4		LeCroy & Holschuh Ch 2	
September 18		Bonfini & Ventura Ch 3, 4	



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Anxiety		
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OCD	Beidel & Frueh Ch 10	Discussion Due
	Bonfini & Ventura Ch 6	
	DSM 5: Section II: Obsessive-Compulsive and	
	Related Disorders	
Trauma	Beidel & Frueh Ch 11, 13	
	LeCroy & Holschuh Ch 10	
	1	
	DSM 5: Section II: Trauma and Stressor	
	Related Disorders	
Somatic and Eating Disorders		Discussion Due
Zomano and Eating Disorders	· ·	210000010111200
	1	
Clean Walta Digardana		Deflection Denom
Sieep-wake Disorders		Reflection Paper
		Due
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Sexual Dysfunction	•	Discussion Due
	1	
	Paraphilic Disorders	
	Bonfini & Ventura Ch 13, 14, 19	
	Bonfini & Ventura Ch 13, 14, 19 DSM 5 DSM 5: Section II: Sexual	
	Bonfini & Ventura Ch 13, 14, 19 DSM 5 DSM 5: Section II: Sexual Dysfunctions	
	Bonfini & Ventura Ch 13, 14, 19 DSM 5 DSM 5: Section II: Sexual	
Neurocognitive Disorders	Bonfini & Ventura Ch 13, 14, 19 DSM 5 DSM 5: Section II: Sexual Dysfunctions Gender Dysphoria Beidel & Frueh Ch 20, 21	
Neurocognitive Disorders Personality Disorders	Bonfini & Ventura Ch 13, 14, 19 DSM 5 DSM 5: Section II: Sexual Dysfunctions Gender Dysphoria Beidel & Frueh Ch 20, 21 LeCroy & Holschuh Ch 4, 7, 8, 13	
	Bonfini & Ventura Ch 13, 14, 19 DSM 5 DSM 5: Section II: Sexual Dysfunctions Gender Dysphoria Beidel & Frueh Ch 20, 21	
	Bonfini & Ventura Ch 13, 14, 19 DSM 5 DSM 5: Section II: Sexual Dysfunctions Gender Dysphoria Beidel & Frueh Ch 20, 21 LeCroy & Holschuh Ch 4, 7, 8, 13	
	Bonfini & Ventura Ch 13, 14, 19 DSM 5 DSM 5: Section II: Sexual Dysfunctions Gender Dysphoria Beidel & Frueh Ch 20, 21 LeCroy & Holschuh Ch 4, 7, 8, 13 Bonfini & Ventura Ch 1, 15, 17, 18	
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Personality Disorders	Bonfini & Ventura Ch 13, 14, 19 DSM 5 DSM 5: Section II: Sexual Dysfunctions Gender Dysphoria Beidel & Frueh Ch 20, 21 LeCroy & Holschuh Ch 4, 7, 8, 13 Bonfini & Ventura Ch 1, 15, 17, 18 DSM 5: Section II: Neurodevelopmental Disorders Disruptive, Impulse-Control, and Conduct Disorders Neurocognitive Disorders Personality Disorders	Diagnosis and
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Personality Disorders	Bonfini & Ventura Ch 13, 14, 19 DSM 5 DSM 5: Section II: Sexual Dysfunctions Gender Dysphoria Beidel & Frueh Ch 20, 21 LeCroy & Holschuh Ch 4, 7, 8, 13 Bonfini & Ventura Ch 1, 15, 17, 18 DSM 5: Section II: Neurodevelopmental Disorders Disruptive, Impulse-Control, and Conduct Disorders Neurocognitive Disorders Personality Disorders Beidel & Frueh Ch 3, 18, 19 LeCroy & Holschuh Ch 5	Diagnosis and Treatment Paper
Personality Disorders	Bonfini & Ventura Ch 13, 14, 19 DSM 5 DSM 5: Section II: Sexual Dysfunctions Gender Dysphoria Beidel & Frueh Ch 20, 21 LeCroy & Holschuh Ch 4, 7, 8, 13 Bonfini & Ventura Ch 1, 15, 17, 18 DSM 5: Section II: Neurodevelopmental Disorders Disruptive, Impulse-Control, and Conduct Disorders Neurocognitive Disorders Personality Disorders Beidel & Frueh Ch 3, 18, 19	•
	Anxiety OCD Trauma Somatic and Eating Disorders Sleep-Wake Disorders Sexual Dysfunction	LeCroy & Holschuh Ch 3 Bonfini & Ventura Ch 5 DSM 5: Section II: Anxiety Disorders OCD Beidel & Frueh Ch 10 Bonfini & Ventura Ch 6 DSM 5: Section II: Obsessive-Compulsive and Related Disorders Trauma Beidel & Frueh Ch 11, 13 LeCroy & Holschuh Ch 10 Bonfini & Ventura Ch 7, 8 DSM 5: Section II: Trauma and Stressor Related Disorders Dissociative Disorders Somatic and Eating Disorders Beidel & Frueh Ch 12, 14 LeCroy & Holschuh Ch 6, 9 Bonfini & Ventura Ch 9, 10, 11 DSM 5: Section II: Somatic Symptom and Related Disorders Feeding and Eating Disorders Feeding and Eating Disorders Beidel & Frueh Ch 15 LeCroy & Holschuh Ch 12 Bonfini & Ventura Ch 12 DSM 5: Section II: Sleep-Wake Disorders Sexual Dysfunction Beidel & Frueh Ch 16, 17 LeCroy & Holschuh Ch 11



		Medication-Inducted Movement Disorders and Other Adverse Effects of Medication	
		Other Adverse Effects of Medication	
13		Thanksgiving Break	
November 20			
14	Wrap up	DSM 5: Section 3	
November 27		Bonfini & Ventura Ch 20 & 21	
1.5			Final Exam
15			Tillal Exalli

Class Policies

Professionalism

Evaluation procedures for prospective professional counselors are unique, as they include evaluating students based on their professional dispositions. In this course, students' dispositions will be evaluated based on the congruence between their behaviors and the Expectations for Students. A single one percent will be deducted from a student's final grade for each minor incongruence. Multiple percentage points will be deducted for major deviations from the expectations. Point deductions are at the instructor's discretion.

Expectations for Students

- 1. Know and adhere to the 2014 American Counseling Association Code of Ethics, applicable university, college of education, and program policies, and all applicable laws.
- 2. Challenge your personal values, biases, and assumptions while maintaining an openness and curiosity toward the perspectives, values, and beliefs of others.
- 3. Demonstrate consistently high levels of awareness of self and awareness of others. This includes awareness regarding the ways in which your personal values, biases, beliefs, sources of knowledge, and behaviors could impact counseling clients.
- 4. Promote social justice, honor and embrace diversity and multiculturalism, and demonstrate respect for and awareness of the worth of others.
- 5. Come to every class or online meeting prepared and on time and participate in all activities and discussions.
- 6. Engage fully with readings, assignments, and group work.
- 7. Students are expected to write at the graduate level. For the purposes of this course, all assignments are expected to display complexity, depth, and knowledge synthesis, while formal APA style assignments must also be exemplary stylistically, grammatically, and mechanically. Students are encouraged to use the internet to learn about grammar and writing. The instructor reserves the right to submit student papers for inclusion in plagiarism databases, such as SafeAssign.
- 8. Check your university email and Canvas accounts regularly, as these will be the primary means for out-of-class communication between students and the instructor. NOTE: for FERPA reasons, I communicate with students using their assigned university email accounts. When emailing the course instructor, please begin and conclude your message with salutations (e.g., Dr. Mack) and professional language. Proofread all emails or online postings before sending them.
- 9. Build your identity as an independent learner by challenging yourself to access supplemental research and materials. Students are encouraged to persist in becoming comfortable with using research and reliable information when making decisions or exploring answers to questions.
- 10. Students must be able to regularly use a computer with internet access.
- 11. Respect the confidentiality of your classmates, and strive to create a safe, respectful learning environment. This expectation does not apply to allegations of misconduct. For example, confidentiality may be



breached as necessary for mandated reporting, discrimination complaints, Title IX complaints, and other, similar circumstances. Note that confidentiality cannot be guaranteed in group settings.

Attendance Policy

Attendance in class sessions and participation in online discussions are mandatory.

Religious Holidays

Because of the extraordinary variety of religious affiliations of the University student body and staff, the Academic Calendar makes no provisions for religious holidays. However, it is University policy to respect the faith and religious obligations of the individual. Students with classes or examinations that conflict with their religious observances are expected to notify their instructors well in advance so that mutually agreeable alternatives may be worked out.

Student Disabilities Services

If you have a documented disability that requires accommodations, you will need to register with Student Disability Services for coordination of your academic accommodations. The Student Disability Services (SDS) office is located at 1600 David Adamany Undergraduate Library in the Student Academic Success Services department. However, during the fall 2020 semester SDS will only be delivering services remotely. The SDS telephone number is 313-577-1851 (main number) or 313-202- 4216 for videophone use. Please continue to use these numbers as SDS is still receiving calls. Once you have your accommodations in place, I will be glad to meet with you privately during my office hours to discuss your special needs. Student Disability Services' mission is to assist the university in creating an accessible community where students with disabilities have an equal opportunity to fully participate in their educational experience at Wayne State University. You can learn more about the disability office at www.studentdisability.wayne.edu

To register with Student Disability Services, complete the online registration form at: https://wayne-accommodate.symplicity.com/public_accommodation

Counseling and Psychological Services (CAPS)

It is quite common for college students to experience mental health challenges, such as stress, anxiety and depression that interfere with academic performance and negatively impact daily life. Help is available for any currently enrolled WSU student who is struggling with a mental health difficulty, at WSU Counseling and Psychological Services (caps.wayne.edu; 313 577-3398). Other options, for students and nonstudents, include the Counseling and Testing Center, and the Counseling Psychology Training Clinic, in the WSU College of Education (https://education.wayne.edu/counseling-clinic). Services at all three clinics are free and confidential. Remember that getting help, before stress reaches a crisis point, is a smart and courageous thing to do – for yourself, and for those you care about. Also, know that the WSU Police Department (313 577-2222) has personnel trained to respond sensitively to mental health emergencies at all hours.

Sexual Misconduct and Title IX

Sexual Misconduct and Mandatory Reporting

Every Warrior has the right to live, learn, and work at WSU – free from Harassment or Discrimination.



Any member of the WSU Community that is impacted by sexual misconduct has the right to report to the University (i.e. Responsible Employee or Title IX Coordinator), to law enforcement (i.e. WSUPD or other jurisdiction), to both, or to neither. Every Warrior is encouraged to make the reporting decision that is right for them.

Please be advised: Most faculty and staff are considered "Responsible Employees" and are required to report information they receive about incidents of sexual misconduct (including sexual assault, intimate partner violence, sexual harassment, and stalking) to appropriate authorities when it involves WSU students, faculty, or staff.

Free, confidential, and anonymous support is available 24 hours a day, seven days a week to survivors, their friends, and their family through the Rape, Abuse & Incest National Network (RAINN). Call 1-800-656-4673 or Chat online with a professional support specialist.

Please visit <u>TitleIX.wayne.edu</u> to learn more about resources and support on campus and in the local community.

Options for Reporting Sexual Misconduct

Any member of the WSU Community that is impacted by sexual misconduct has the right to report to the University (i.e. Responsible Employee or Title IX Coordinator), to law enforcement (i.e. WSUPD or other jurisdiction), to both, or to neither. Every Warrior is encouraged to make the reporting decision that is right for them.

Reporting to the University

<u>The Title IX Office</u> is available to consult with individuals impacted by sexual violence or discrimination regarding resource referrals, supportive and protective measures, and reporting and resolution options. Where WSU has jurisdiction, the affected party may request an administrative investigation by the University.

Phone: 313-577-9999 Email: <u>TitleIX@wayne.edu</u> Reporting to Law Enforcement

<u>The Wayne State University Police Department</u> is available 24/7 to assist individuals reporting criminal activity or concerns on or near campus. Report off-campus incidents to the appropriate police jurisdiction. In the event of an emergency or imminent threat, reporting to the police is highly encouraged.

Phone: 313-577-2222

Every Warrior has the right to live, learn, and work at WSU – free from Harassment or Discrimination. If you or someone you know has been impacted by sexual violence or discrimination, please visit <u>TitleIX.wayne.edu</u> to learn more about resources and support on campus and in the local community.

Academic Dishonesty – Plagiarism and Cheating

Academic misconduct is any activity that tends to compromise the academic integrity of the institution or undermine the education process. Examples of academic misconduct include:

- Plagiarism: To take and use another's words or ideas as your own without appropriate referencing or citation.
 - College of Education policy on plagiarism: The College of Education has a "zero tolerance" approach to plagiarism and other forms of academic dishonesty. Plagiarism includes copying material (any more than 5 consecutive words) from outside texts or presenting outside information as if it were your own by not



crediting authors through citations. It can be deliberate or unintended. Students are advised to think carefully and thoroughly, ask for help from instructors if it is needed, and make smart decisions about their academic work.

- Cheating: Intentionally using or attempting to use or intentionally providing unauthorized materials, information or assistance in any academic exercise. This includes copying from another student's test paper, allowing another student to copy from your test, using unauthorized material during an exam and submitting a term paper for a current class that has been submitted in a past class without appropriate permission.
- Fabrication: Intentional or unauthorized falsification or invention of any information or citation, such as knowingly attributing citations to the wrong source or listing a fake reference in the paper or bibliography. Other: Selling, buying or stealing all or part of a test or term paper, unauthorized use of resources, enlisting in the assistance of a substitute when taking exams, destroying another's work, threatening or exploiting students or instructors, or any other violation of course rules as contained in the course syllabus or other written information.

Such activity may result in failure of a specific assignment, an entire course, or, if flagrant, dismissal from Wayne State University. https://doso.wayne.edu/conduct/academic-misconduct

Course Drops and Withdrawals

In the first two weeks of the (full) term, students can drop this class and receive 100% tuition and course fee cancellation. After the end of the second week there is no tuition or fee cancellation. Students who wish to withdraw from the class can initiate a withdrawal request on Academica. You will receive a transcript notation of WP (passing), WF (failing), or WN (no graded work) at the time of withdrawal. No withdrawals can be initiated after the end of the tenth week. Students enrolled in the tenth week and beyond will receive a grade. Because withdrawing from courses may have negative academic and financial consequences, students considering course withdrawal should make sure they fully understand all the consequences before taking this step. More information on this can be found at: http://reg.wayne.edu/Withdrawing From a Course.php

Student Services

- The Academic Success Center (1600 Undergraduate Library) assists students with content in select courses and in strengthening study skills. Visit www.success.wayne.edu for schedules and information on study skills workshops, tutoring and supplemental instruction (primarily in 1000 and 2000 level courses).
- The Writing Research and Technology Zone is located on the 2nd floor of the Undergraduate Library and provides individual tutoring consultations free of charge. Visit http://clasweb.clas.wayne.edu/writing to obtain information on tutors, appointments, and the type of help they can provide.
- Library research assistance: Working on a research assignment, paper or project? Trying to figure out how to collect, organize and cite your sources? Wayne State librarians provide on-campus or online personalized help. Contact them at http://library.wayne.edu/consult

Class Recordings (Face to Face Instruction)

Students need prior written permission from the instructor before recording any portion of this class. If permission is granted, the audio and/or video recording is to be used only for the student's personal instructional use. Such



recordings are not intended for a wider public audience, such as posting to the internet or sharing with others. Students registered with Student Disabilities Service (SDS) who wish to record class materials must present their specific accommodation to the instructor, who will subsequently comply with the request unless there is some specific reason why s/he cannot, such as discussion of confidential or protected information.

Technology Access and Support

Because this is a WEB course, all or part of your instruction will require reliable hardware including a desktop or laptop computer with reliable internet access, camera, microphone, and speakers, as well as appropriate software including a web browser, Microsoft Office (available at no charge to students), and the Canvas app (also free to students). For assistance with Canvas, see C&IT's Student Intro to Canvas Course and Comprehensive Student Guide. For assistance with any of these technology issues, contact C&IT Helpdesk M-F from 7:30 am to 8 pm at 313-577-4357 or helpdesk@wayne.edu.

Students who lack adequate hardware or reliable internet access should email dos@wayne.edu or call 313-577-1010 for assistance. Students on campus also have access to equipment through University Libraries. See Equipment Checkout Policy and Procedures. The University Libraries also have computer labs in several campus locations.

Support for Online Learning

"The Effective Online Learner" is a self-paced Canvas course to bolster the skills needed for remote and online learning. WSU's Learn Anywhere webpage provides resources and tips for taking online courses. WSU's Academic Success Center offers resources for improving study skills, building study groups, and similar activities. The Study Skills Academy offers free study skills counseling and other services.